

WHAT TO BRING!!

Bike-a-thon 2008 Packing List

- ❖ Bike/Roller-blades
 - ❖ Safety helmet/Hat or Visor
 - ❖ Sunscreen /chap stick
 - ❖ Sunglasses
 - ❖ Jacket/Raingear (we will bike rain or shine!)
 - ❖ Filled water bottle for the ride
 - ❖ Picnic lunch is provided to registered participants (bring your own snacks)
 - ❖ Camera/Video camera
 - ❖ Money for Hannah's Hundreds Memorabilia—Cash or Check only
 - ❖ Strong legs, happy attitude, and energy to burn!
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- ❖ For those of you planning on driving to Willow river to pick-up family/friends who are biking, you may want snacks, blanket or chair
 - ❖ For those joining us at the campfire Sat eve, there is a grocery store nearby

We will have an amazing day together!

Please carry your medical insurance card with you on the ride
Also your 'Medical Alert' if applicable